



2025 World Abilitysport Beach Games

18th - 25th October

Mersin, Turkey

Sailing Instructions (SIs)





Organising Authority (OA)

The OA will be the Turkish Sailing Federation in conjunction with the World Abilitysport Federation and the Mersin Yacht Club. The Event is a Recognised Event of World Sailing.

Notations

- [SP] denotes a rule for which a standard penalty may be applied by the race committee or the technical committee without a hearing or a discretionary penalty applied by the International Jury with a hearing. This changes RRS 63.1 and A5; and
- [NP] denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1.
- [DP] denotes a rule for which the penalty is at the discretion of the International Jury and may be less than disqualification. This changes RRS 64.

1 Rules

- 1.1 The regatta will be governed by the rules as defined in *The 2025-2028 Racing Rules of Sailing (RRS)*. Other documents under RRS Definition: Rule (g) include:
- 1.1.1 [DP] Support Person Regulations (including Coach Boats) (SPR).
- 1.1.2 World Sailing Equipment Rules of Sailing will apply.
- 1.2 In all rules governing this regatta;
- 1.2.1 Both 'athlete' and 'competitor' mean a person competing or intending to compete in the event.
- 1.3 The Para Inclusive Sailing Event is, in addition, governed by:
- 1.3.1 The World Sailing Race Management Manual Section Y, Part 1.



- 1.3.2 The Para-Classification Rules of Sailing.
- 1.3.3 For a World Sailing sanctioned event, the World Sailing Race Management Manual Section Y and Para-Classification Rules of Sailing may be changed only with written authority of the World Sailing Technical Delegate, if one has been appointed.
- 1.4 The prescriptions of the National Authority (Turkish Sailing Federation) will not apply.
- 1.5 Racing rules 44.1, P2 preamble of Part 4 is changed as follows:
 - 1.5.1 RRS 44.1 and RRS P2.1 are changed as follows: Two-Turns Penalty is replaced by the One-Turn Penalty.
 - 1.5.2 RRS60.2(a)(1) informing the Protestee is changed: "the hail 'Protest' is not required but should be made where possible. The protesting boat doesn't need to display a red flag".
 - 1.5.3 RRS 63.1(a)(4) Protest Hearing is changed: "a boat representative at a protest hearing need not have been on board at the time of the incident".
- 1.6 World Anti-Doping Code Regulations will apply. Competitors are reminded of the World Sailing Rules and Regulations concerning the use of banned methods and substances, which are contained in the World Sailing Anti-Doping Code. Drug testing may take place during this event. Additional information is available at <https://www.wada-ama.org>
- 1.7 Decisions of the International Jury will be final as provided in RRS 70.3(a).
- 1.8 If there is a conflict between languages, the English language text will take precedence.
- 1.9 [DP] Boats shall comply with the Hansa Class Rules.

2 Changes to Sailing Instructions

- 2.1 Any change to the sailing instructions will be posted to the Official Notice Board before 1100 on the day it will take effect, except any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3 Communications with Competitors

- 3.1 Notices to competitors will be posted on the Official Notice Board located at www.tyf.org.tr/faaliyet/detay/281660. The Race Office will be located in Mersin Marina.
- 3.2 On the water, the Race Committee intends to monitor and communicate with Team Coaches on VHF radio channel 73.
- 3.3 [DP] From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communications that are not available to all boats.
This rule may be varied for sailors with low vision.
- 3.4 [DP] Whilst racing, Mobile phones are not permitted to be used onboard.
- 3.5 When the race committee displays a flag V (Flag Victor) with repetitive sounds, all official and support vessels shall monitor the race committee radio channel for search and rescue instructions. The race committee will announce 'Flag Victor' using the designated VHF Channel. This changes RRS 37.

4 Code of Conduct

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from Race Officials.
- 4.2 [DP] Competitors and support persons shall handle any equipment provided by the organising authority with care and seamanship in accordance with any instructions for its use and without interfering with its functionality.

5 Signals made ashore

- 5.1 Signals made ashore will be displayed on a flagpole situated near the Race Office in the Marina.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.

- 5.3 [SP][NP] Flag D will be displayed ashore to signal that the fleet is released. The warning signal will not be made before the scheduled time or less than 30 minutes after flag D is displayed. Boats shall not leave the harbour until flag D is displayed.

6 Schedule of Races and Format

- 6.1 The Regatta will consist of a qualifying series and a final series.
- 6.2 The yellow(gold) group will sail its scheduled races, and then the blue(silver) group. The first warning signal for the yellow(gold) group will be 1300 each day.
- 6.3 The assignment for boats (1-10) will be drawn on each day of racing at 1100 during a competitor's briefing at the Race Office.
- 6.4 Competitors will be assigned to groups of as nearly equal in size as possible.
- 6.5 One extra race per day may be sailed, provided that the group does not become more than one race ahead of schedule, and the change is made according to SI 2.1.
- 6.6 On the last scheduled day of racing, no warning signal will be made after 1600.
- 6.7 **Qualifying series:**
- 6.7.1 Competitors will be assigned to the yellow or blue group each day of the Qualifying Series. Each group will sail 2 or 3 qualifying series races each day, a maximum of 7 Qualifying Series races.
- 6.7.2 The initial group assignments will be done by alphabetically listing competitors' surnames.
- 6.7.3 Competitors will be reassigned after each day of racing, except if the groups have not completed the same number of races the previous day. If competitors have not completed the same number of races by the end of a day, the group with fewer races will continue racing the following day until all groups have completed the same number of races. Competitors thereafter will race in the new group assignments for the remaining racing on that day.
- 6.7.4 Reassignments will be based on the ranking available at 2000 that day,

regardless of protest or requests for redress not yet decided.

6.7.5 The qualifying series will last three (3) days and consist of a maximum of seven (7) races. If at the end of three (3) days, five (5) races have not been completed, the qualifying series will be extended, and the final series will be abandoned. The series score will be decided using qualifying series races only.

6.8 **Final series:**

6.8.1 Gold Fleet and Silver Fleet will sail as single fleets.

6.8.2 Assignments to the Gold and Silver fleets will be based on a competitor's series score at the end of the Qualifying Series. Boats ranked 1st – 10th in the Qualifying races will be assigned to the Gold fleet. The boats ranked 11th – 20th in the Qualifying races will be assigned to the Silver fleet.

6.8.3 If no final series races are completed, a boat's overall ranking shall be its qualifying series score.

7 **Class flag**

7.1 The class flag is white with a red insignia.

8 **Courses**

8.1 The course diagrams in SI Addendum A show the course(s), the order in which marks are to be passed, and the side on which each mark is to be left.

8.2 The Race Committee vessel will display the course before the warning signal.

9 **Marks**

9.1 Starting Marks will be the committee vessel and the course side of an orange inflatable mark.

9.2 Mark 1, 1a, 4p and 4s are yellow inflatable marks.

9.3 Finishing marks will be a committee vessel and the course side of an orange inflatable mark.

9.4 The change mark 1 (SI 12.2) will be an orange inflatable mark.



10 Hazards & Prohibited Areas

Not used.

11 The Start

- 11.1 Races will be started using RRS 26, with the warning signal made 5 minutes before the starting signal.
- 11.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is displayed.
- 11.3 The starting line is between a staff displaying an orange flag on the committee vessel at the starboard end and the course side of the port-end starting mark.
- 11.4 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing being granted. This changes RRS A5.1 and A5.2.

12 Change to the next leg of the course

- 12.1 The position of any laid inflated mark(s) may be adjusted by up to approximately plus or minus 10 degrees relative to the previous laid mark(s) position and/or up to approximately 200 metres to windward or leeward without a signal. This changes RRS 33.
- 12.2 For changes greater than those described in SI 12.1, to change the next leg of the course, the Race Committee will lay a new mark 1 (or move 2S and 2P or the finishing line) and remove the original mark as soon as practical.

13 The Finish

- 13.1 The finishing line is between a staff displaying a blue flag on the Committee Boat and the course side of the inflatable finish mark.



14 Penalty System

- 14.1 Appendix P will apply except that all penalties shall be the One-Turn Penalty.
- 14.2 When the International Jury decides that a boat has broken rules related to functional adaptations, or a class rule, it may disqualify the boat, impose a lesser penalty or give a warning.
- 14.3 The International Jury may use Discretionary Penalties.

15 Time limits and target times

- 15.1 The Mark 1 Time Limit and Race Time Limit (see RRS 35) are shown in the table below.

Race Time Limit	Mark 1 Time Limit	Target Time	Finishing Window
50 minutes	15 minutes	25 minutes	10 minutes

- 15.2 The Race Committee may award a finishing score to a boat that is still racing by displaying to her from a committee vessel (which may be in motion) flag W with one sound signal. A boat so notified is no longer required to sail the course (changing rule 28), shall stop racing and shall return to the starting area, or return ashore if there is no more racing. A finishing score under this Sailing Instruction will be the score she would have received had she sailed the course and finished, without gaining or losing any place. However, when two or more boats that are overlapped are notified, they will be scored as if they were tied. This changes RRS 28.1 and A3.

16 Hearing Requests

- 16.1 The protest time limit is 60 minutes after the last boat finishes the last race of their group, or the Race Committee signals no more racing today, whichever is

later. The time will be posted on the official notice board.

- 16.2 Hearing request forms will be available from the Race Office and on the ONB.
- 16.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Details of where the hearings will be held will be included with the hearing details. The hearings will be heard in person unless otherwise advised.
- 16.4 A list of boats that have been penalized for breaking RRS 42 under Appendix P will be posted.

17 Scoring

- 17.1 The low points scoring system of RRS Appendix A will apply.
- 17.2 Nine (9) races are scheduled.
- 17.3 Four (4) races are required to constitute a series.
- 17.4 Scores from races in both the qualifying and final series will be used to determine a boat's final regatta score.
- 17.5 When four (4) races have been completed, a boat's series score will be the total of its race scores.
- 17.6 When more than four (4) races have been completed, a boat's series score will be the total of her race scores, excluding her worst score.
- 17.7 When more than seven (7) races have been completed, a boat's series score will be the total of her race scores, excluding her worst two (2).
- 17.8 The boats assigned to the Gold fleet will be ranked higher in the regatta than the boats assigned to the Silver fleet.
- 17.10 Scoring requests should be made via the Race Office.
- 17.12 For qualifying series, DNF, DNS and DNC will be the total number of competitors in that fleet plus one. This changes RRS A5.2.
- 17.13 RRS 90.3(e) will apply.

18 Safety Regulations

- 18.1 [SP] Competitors required to sign in and out at the Race Office. Failure to sign

in or out will result in a 1-point standard penalty.

- 18.2 [SP] A boat that retires from a race shall notify the Race Committee at the first reasonable opportunity. Promptly after returning to shore, the boat shall complete a retirement declaration form, which is available at the Race Office within the protest time limit.
- 18.3 [SP] Competitors are required to follow the safety instructions given by Safety Boats or any marked Boats. Failure to follow instructions will result in a 2-point standard penalty.
- 18.4 Competitors, their supporters, and event officials shall always wear an approved buoyancy aid or life jacket of an appropriate buoyancy level and standard in relation to the individual's size and capabilities whilst afloat or on pontoons. There are no restrictions on the use of auto-inflating Personal Flotation Devices except that they shall not be worn under a seat belt or harness.
- 18.5 A boat requiring assistance may hail for assistance.
- 18.6 Racing Rule 40 will be changed as follows: "Competitors shall wear personal flotation devices at all times while afloat except temporarily not racing, while changing or adjusting clothing or personal equipment, or for reasons of personal hygiene. This requirement shall not be enforced in the case of an athlete with high support needs for whom, in the opinion of the World Sailing Technical Delegate, after consultation with the Chief Classifier, it is agreed that the wearing of a conventional PFD would result in diminished safety.
- 18.7 Racing Rule 41 is changed as follows: "Support persons may go to the assistance of competitors, without interfering with other boats, if they consider that the safety of the sailor is at risk. Once assistance has been provided, the competitor shall inform the Race Committee as soon as

possible.

19 Replacement of Crew or Equipment

- 19.1 [DP] Substitution of competitors is not allowed without prior written approval of the World Sailing Technical Delegate.
- 19.2 [DP] Substitution of damaged or lost equipment is not allowed unless authorised in writing by the Technical Committee, consisting of the World Sailing Technical Delegate, Principal Race Officer, and, in the case of adaptations, Chief International Classifier. Requests for substitution shall be made to the Technical Committee at the first reasonable opportunity through the Race Office, which may be after the race.

20 Equipment and Measurement Checks

- 20.1 The Organising Authority intends that all supplied boats will have undergone measurement and inspection before the Competition.
- 20.2 All boats or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.
- 20.3 [DP] All boats shall comply with class rules regarding the carrying of a tow line and keel securing pins.

21 Official Vessels

- 21.1 Official vessels will be identified as follows:

Race Committee	RC
Technical Delegate	TD
International Jury	IJ
International Classifier	IC
Coaches	C

22 [DP] Support Teams and Coaches

- 22.1 Team leaders, coaches and other support persons shall stay outside areas where boats are racing, including being on the extensions of the start line, from the time of the preparatory signal for the first start until all boats have finished or retired or the Race Committee signals a postponement, general recall or abandonment.
- 22.2 Team leaders, coaches and other support persons shall stay a minimum of 50 metres from the start line, from the time of the first preparatory signal, including any extensions put in place, until all racing boats have finished, or the Race Committee signals a postponement or abandonment of all fleets.
- 22.3 Rule 37 applies to all support vessels. The VHF safety channel used in the racing area will be VHF 73. Kill cords shall be worn at all times whilst engines are running. Failure to do so may result in the support vessel and her crew being banned from the racing area for the remainder of the event.
- 22.5 Personal floatation devices shall be worn by all persons in a support boat at all times, except briefly while adjusting clothing, while on the water.
- 22.6 Each support vessel shall be insured with a minimum valid third-party liability insurance of €5m per incident.

23 [DP] Trash disposal

- 23.1 Waste (Rubbish / Trash) may be placed aboard any official or support person vessel. Competitors should not put trash into the water. This changes RRS47.

24 Berthing and Changeovers

- 24.1 [DP] Boats shall follow all instructions from the Regatta Officials when entering the pontoon area for changeovers, including landing the boat in a specific place on the pontoon.
- 24.2 [DP] Boats shall be kept in their assigned places as indicated by the Dockmaster at the end of each day. Boats may be relocated as directed by the



Dockmaster.

25 Haul out restrictions

- 25.1 Boats shall not be hauled out during the event except with and according to the terms of prior written permission of the Race Committee; however:
- a) The removal of rudder blades for cleaning and maintenance is permitted.
 - b) Centreboards shall remain located in their lowered position with the retaining pin fitted while not being cleaned or maintained.
 - c) The temporary hauling out of hulls onto a marina pontoon for cleaning, maintenance and the loading and unloading of crew is permitted. Boats may only haul out with the approval and supervision of the Dockmaster or the World Sailing Technical Delegate. They shall not impede access to the dock by other competitors and support persons.

26 Not used

27 Risk Statement

- 27.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.'

By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks.

These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury.

Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.





28 Insurance

- 28.1 Each boat attending the event shall be insured with third-party liability insurance, with a minimum cover of 5,000,000 Euros per incident or the equivalent.

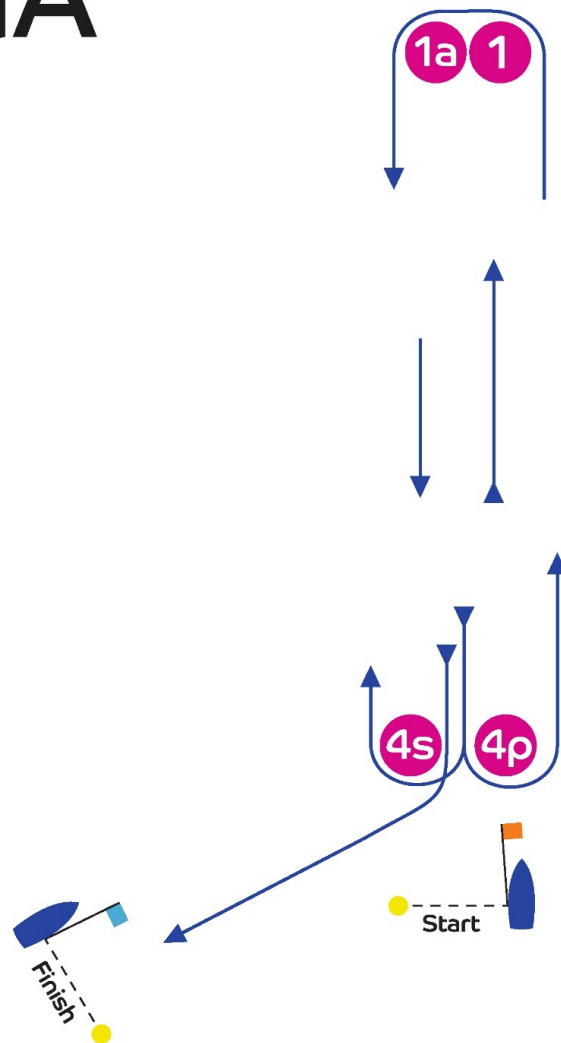
29 Prizes

Medals will be awarded to the top three female and the top three male competitors of the Para Inclusive Sailing event.



Addendum A – Courses.

LGA



Course:

Signal	Mark Rounding Order
LGA2	Start - 1 - 1a - 4s/4p - 1 - 1a - 4s - Finish
LGA3	Start - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 - 1a - 4s - Finish
LGA4	Start - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 - 1a - 4s - Finish

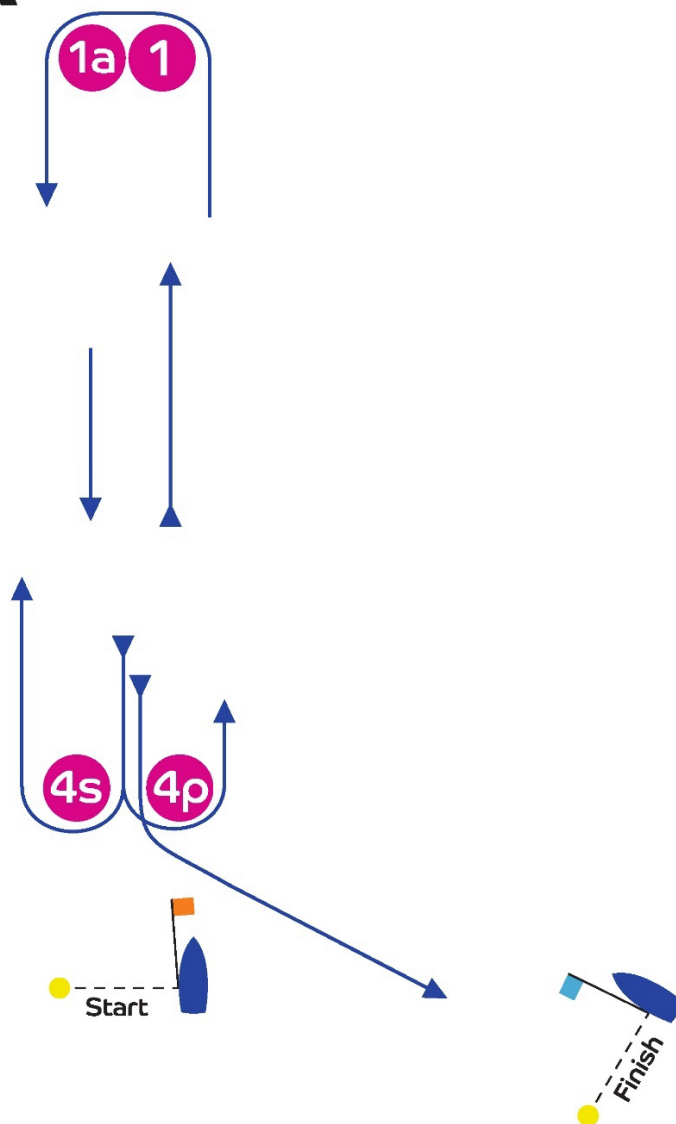


The diagram illustrates a water polo drill sequence. It begins with a 'Start' line marked by a yellow dot. A blue boat is positioned at the start. The sequence proceeds through several stations: '1a' and '1' (represented by pink circles), followed by two vertical arrows pointing in opposite directions, then '4s' and '4p' (represented by pink circles), and finally ends at a 'Finish' line marked by a yellow dot. A blue boat is also positioned at the finish line.

Signal	Mark Rounding Order
LA2	Start - 1 - 1a - 4s/4p - 1 - 1a - Finish
LA3	Start - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 - 1a - Finish
LA4	Start - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 - 1a - Finish



LRA



Course:

Signal	Mark Rounding Order
LRA2	Start - 1 - 1a - 4s/4p - 1 - 1a - 4p - Finish
LRA3	Start - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 - 1a - 4p - Finish
LRA4	Start - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 - 1a - 4p - Finish

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